

#### **PLANTBASED** KITCHEN

#### ALLERGENENKAART **ALLERGENS CARD**

**BREAKFAST & LUNCH** 

**YOGURT. FRUIT & GRANOLA** 

Gluten, Soja, Lactose

**CREAMY OVERNIGHT OATS** 

Haver

**BANANA PANCAKES** 

Gluten

SHAKSHUKA

Gluten. Ei

**EGGS** 

Gluten, Ei, Lactose

AVOCADO TOAST

Gluten, Sesam, Noten

**DESEMTOSTI GEGRILDE AUBERGINE, CASHEWCREME,** PREI EN VADOUVAN MAYONAISE

Gluten, Noten, Pinda, Lupine, Soja, Selderij

DESEMTOSTI JONG **BELEGEN KAAS** 

Gluten, Lactose

DESEMTOSTI MET KIMCHI, JONG BELEGEN KAAS EN BOSUI

Gluten, Lactose

PUMPKIN COCONUT SOUP

Selderij

PITA FALAFEL

Gluten, Sesam, Noten, Mosterd

**PE-KING OYSTER &** CHINESE PANCAKES

Gluten, Noten, Soja, Sesam

**B.L.T. BRIOCHE BUN** 

Gluten, tarwe, mosterd

**BAHN MI CHICKEN BURGER** 

Gluten, haver, tarwe, soja, selderij, sesam

SNACKS

BITTERBALLEN

Gluten, lupine, mosterd, tarwe

**LOADED FRIES** 

Gluten, Mosterd, Selderij, Sesam, Soja

**FRENCH FRIES** 

Gluten

**SWEET POTATO FRIES** 

Gluten

HARISSA PATATAS BRAVAS

Noten

PIMIENTOS DE PADRÓN

Gluten

**ZETA SPRING ROLLS** 

Gluten, Selderij, Soja

**VEGETABLE GYOZAS** 

Gluten, Soja, Sesam

**KALAMARIZ RINGS** 

Gluten, selderij, soja, tarwe

CRUNCHY CAULIFLOWER

Gluten, Mosterd

DINER

KIMCHI CHICKEN BURGER

Gluten, haver, tarwe, soja, selderij, sesam

MEZZE

Gluten, Sesam, Noten, Pinda, Soja

**MEZZE FRITATA** 

Gluten, Sesam, Noten, Pinda

PUMPKIN COCONUT SOUP

Selderij

PITA FALAFEL

Gluten, Sesam, Noten,

Mosterd

**FATTOUSH SALAD** 

Gluten

MELANZANE MEDITERRANEE

Gluten, Soja

RAINBOW SPROUT SALAD

Gluten, Soja, Noten, Sesam

STUFFED BEAN BURRITO

Gluten, Selderij

ZETA PAD THAI

Gluten, Soja, Selderij, Pinda,

Noten

**PE-KING OYSTER & CHINESE PANCAKES** 

Gluten, Noten, Sesam, Soja

**DESSERT** 

BASBOUSA

Gluten, tarwe, noten, soja

IT'S A DATE

Gluten, soja

CHOCOLAT

Gluten, Soja, Noten

#### **GROTE MARKT DEN HAAG**

IN ONZE KEUKEN WORDT GEWERKT MET ALLE ALLERGENEN, ONZE GERECHTEN KUNNEN DAAR SPOREN VAN BEVATTEN. IN ONZE FRITUUR WORDEN OOK PINDA'S GEFRITUURD, AL ONZE GEFRITUURDE GERECHTEN KUNNEN DAAR SPOREN VAN BEVATTEN. BIJ EEN ALLERGIE DIT A.U.B. MELDEN BIJ HET BEDIENEND PERSONEEL.

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## ZETA MENU \* VEGETARIAN VEGETARIAN VEGAN

## BREAKFAST & LUNCH (UNTIL 16:00)

	Yogurt, Fruit & Granola Coconut-soy yoghurt, fruit and granola	9.5	•	•	Toasties Eggplant Toastie	7.0	) <b>Y</b>
	Creamy Overnight Oats Overnight oats of coconut yoghurt, muesli, chia and f Smoothies & Juice Mango Coconut Smoothie Mango, coconut, pineapple and fresh mint	9.0 7.0 7.5	•	,	Sourdough toastie grilled eggplant, cashew cream, leek and vadouvan mayonnaise  Grilled Cheese Sourdough toastie with young matured cheese Kimchi Toastie Sourdough toastie with young matured cheese, kimchi and spring onion	5.5 8.0	<b>5</b> ★
	Orange Ginger Juice Freshly squeezed carrot, ginger and orange juice  Page Page Page Page Page Page Page Page				Pumpkin Coconut Soup Pumpkin, coconut milk, roasted coconut and cilantro	9.0	<b>y</b>
	Banana Pancakes Banana pancakes with coconut cream, maple syrup and fresh fruit				Pita Falafel Pita falafel, pickled cucumber, iceberg lettuce,	11.0	<b>y</b>
	<b>Shakshuka</b> Three 'Haagse' eggs, poached in spiced tomato sauce with paprika, fresh herbs and sourdough toast	12.0	*	t	Pe-King Oyster & Chinese Pancakes Chinese crepes, pan-fried king oyster mushrooms,	14.0	<b>)</b>
	Eggs Three 'Haagse' eggs from the plancha with sourdough		+	<b>t</b>	hoisin, 5-spice, little gem lettuce, cashew cream, spring onion, red pepper and pickled cucumber, iceberg lettuce, harissa and hummus		
	Young matured cheese +2   tomato +2   avocado +3  Avocado Toast  Sourdough toast, smashed avocado, vegan feta		٧	•	B.L.T. Brioche Bun Bacon, little gem lettuce, fresh tomato, mustard- mayonnaise and ketchup on a toasted brioche bun	10.5	<b>*</b>
	and dukkah spice				Kimchi Chicken Burger Crispy no chicken burger, brioche bun, fresh kimchi,	15.0	<b>v</b>

## **SNACKS** (FROM 12:00 - 22:00)

8.5 v Pimientos de Padrón 7.5 🔻 **Croquette Balls** Croquette balls, dill-pickle, little gem lettuce and Roasted padrón peppers, smoked sea-salt and lime maple-mustard mayonnaise 8.5 v Zéta Spring Rolls 9.5 v **Loaded Fries** Vietnamese spring rolls, sweet chili sauce, lime and prawn crackers Fresh French fries, vegan döner, garlic sauce, iceberg lettuce, pickled red onion and parsley leaves Vegetable Gyozas 9.0 \*French Fries 5.5 **v** Vegetable gyozas, poké mayo, chili-oil, yuzu and sesame Fresh French fries and mayonaise **Kalamariz Rings** 9.0 v 8.0 v Sweet Potato Fries Kalamariz rings with lemon, parsley and garlic sauce Sweet potato fries and vadouvan-curry mayonnaise Crunchy Cauliflower 8.0 v 7.0 **v** Harissa Patatas Bravas Crunchy spicy cauliflower florets with maple-Fried potato, harissa, garlic sauce, spring onion and chili mustard mayonnaise

## PLEASE ORDER AT THE BAR

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Asian raw vegetables and fresh cilantro



# ZETA

ENU \* VEGETARIAN VEGETARIAN VEGAN

(FROM 17:00 - 22:00)

## Kimchi Chicken

**Burger**Crispy no chicken burger, brioche bun, fresh kimchi, Asian raw vegetables and fresh cilantro with fresh fries

#### Mezze 21.0 **→**

Flatbread, hummus, tomato tapenade, labneh, Asian raw vegetables, baba ganoush, muhamara, lemon and fresh herbs

#### Mezze Fritata 24.0 •

Flatbread, falafel, crunchy cauliflower, pimientós de padron, muhamara, hummus, lemon and fresh herbs

#### Pumpkin Coconut Soup 9.0 •

Pumpkin, coconut milk, roasted coconut and cilantro

#### Pita Falafel 11.0 •

Pita falafel, hummus, pickled cucumber, iceberg lettuce and harissa sauce

#### Fattoush Salad 13.0 •

Little gem lettuce, cherry-tomato, red onion, fresh mint, pita chips and pomegranate-lime dressing

#### Melanzane Méditerranée

19.5 •

Thin slices of eggplant, tomato sauce with basil, garlic and bechamel sauce from the oven

#### Rainbow Sprout Salad 15.0 •

Asian raw vegetables, crispy tofu, cashew nuts, beet, pea shoots, garden cress and ginger-soy dressing

#### Stuffed Bean Burrito 16.0 •

Burrito stuffed with black beans, pumpkin, grilled paprika, crumbled vegan feta and salsa verde

#### **Zèta Pad Thai**

Flat rice noodles, crispy tofu, peanut crumble, spring onion, lime and cilantro

## Pe-King Oyster & Chinese Pancakes

Chinese crepes, pan-fried king oyster mushrooms, hoisin, 5-spice, little gem lettuce, cashew cream, spring onion, red pepper and pickled cucumber

### DESSERT

#### Basbousa

Light and airy cake from the Middle East with cardamom and orange zest, served with homemade pomegranate ice cream

#### It's a Date

Date sponge cake, coconut cream and caramel sauce

#### Chocolat

Chocolate cake, blackberry ganache, pistachio and homemade dark chocolate ice cream

9.5

18.0 **v** 

**17.0** •

**14.0** •

## PLEASE ORDER AT THE BAR

7.0 •

8.0 .

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